

Implementing the NICE public health guidance

Occupational therapy interventions and physical activity interventions to promote the mental wellbeing of older people in primary care and residential care

The College is responding to the public health guidance issued by NICE, and as a result, has been running a series of events to assist occupational therapists in rolling out the guidance in England. Whilst NICE public health guidance may not be adopted in Northern Ireland, Scotland and Wales, the guidance does offer some key messages and opportunities for occupational therapists working across the UK.

Delegates will explore the opportunities open to occupational therapists to work within the active ageing agenda. At these interactive study days delegates will consider the impact of the guidance on their practice.

Outline of the morning/afternoon

9.15/13.15	Registration and coffee
9.30/13.30	Welcome
9.35/13.35	Presentation - Active Ageing and the NICE guidance
10.20/14.20	Tea & Coffee
10.40/14.40	Workshop - How do I take this forward in my practice?
11.40/15.40	Action planning
12.15/16.15	Close to the event

Cost

£30.00 (BAOT members)

£80.00 (non-members)

Please note that the delegate cost to the day includes the workshop, delegate pack and refreshments.



All College of Occupational Therapists events are intended to support your continued professional development. Authorised certificates of attendance are issued to all delegates attending a College approved event.

Dates and venues

2 June 2009 9.15-12.30	Iris Murdoch Centre, The Dementia Services Development Centre, University of Stirling, Scotland
3 June 2009 9.15-12.30	Northern Ireland Science Park, Belfast
4 June 2009 13.15-16.30	Glyndwr University, Wrexham, Wales

Background

The NICE guidance focuses on the role of occupational therapy interventions and physical activity interventions in the promotion of mental wellbeing for older people. Whilst the public health guidance issued by the National Institute for Health and Clinical Excellence is applicable to England only, the content is of interest and relevance to all occupational therapists working with older people across the UK. During February and March of this year, the College facilitated a series of regional study days in England to support OTs with the implementation of the recommendations. In response to the considerable interest shown by members based in Northern Ireland, Scotland and Wales COT will host three similar half-day events.

A full copy of the guidance is available from www.nice.org.uk

A study day

College of Occupational Therapists
106-114 Borough High Street
London SE1 1LB
Tel: 020 7357 6480 Fax: 020 7357 2299
www.cot.org.uk/events

College of
Occupational
Therapists



