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[At home with dementia: a manual for people with dementia and their carers](#)

This book presents a range of possible solutions to problems commonly faced by people with dementia living at home.

[Home safe home – creating a dementia-friendly environment](#)

Specialised preparations and technological advances can enhance mobility and safety at home for people with dementia.

[Click here for more web links](#)

Library Resources

[Here's a sample of a reading list](#) on domiciliary care.

You can [search our library catalogue](#) online.

Best practice in dementia care: a six part self-study course for domiciliary care staff

As domiciliary care staff you will be aware that people's needs are changing, and that increasingly you will be caring for people with dementia within their own homes. As people live longer and the number of people living at home increases, you will play a significant role in maintaining the independence of people with dementia who want to stay at home. Often you will work on your own which can bring its own challenges in terms of safety and standards of care. This course has been designed to provide domiciliary care staff an opportunity to learn about dementia and is based on our Best Practice in Dementia Care courses.

[View course flyer](#)

Domiciliary Care

The DSDC is currently piloting a new Best Practice course on Dementia Care for Domiciliary Care staff. Here, June Andrews and Shirley Law write about the importance of training and informing our home care workers.



Home care, or domiciliary care as it is sometimes known, is a social, personal care, nursing or domestic service delivered usually in the service user's home. The people who do this work are often known as "care workers" or "home care workers". Those workers might be employed by the local authority, or an agency, but sometimes they are employed directly by the service user themselves. The careful selection, recruitment and training of care workers is crucial for the optimum care of people with dementia. The support that they give is vital in allowing people with dementia to live in their own homes for as long as possible or to enable them to return home after a period in hospital. They make it possible for people to have a real choice about where they live when they are vulnerable. Even if they do have family and carers, the person with dementia is more independent if they can be provided directly with home care and many family carers feel more able to cope with this support.

In this edition of Dementia Now we provide information about educational resources that would be helpful for home care workers who care for people with dementia in their own homes. The DSDC is in the process of developing home care worker educational materials that will be low cost and sensitive to the time constraints that workers and managers struggle with. Our aim is to improve care for people with dementia and their carers, in order to avoid or delay institutionalisation. This is not just an economy measure (though it will save money) but because people with dementia say that they want to stay in their own homes for as long as possible. We need to work together to make that possible.

[Read the full article](#)



What is it like for a person with dementia to be in hospital?

Unfamiliar surroundings, difficulty making your needs understood, and understanding what is expected of you... these are a few of the experiences described first hand by James McKillop on recent visits to hospital, as an inpatient, an outpatient and an emergency admission.

[Read the full article here](#)

Cherie's Great Adventure

Care home proprietor, postgraduate student, mother and carer, Cherie Callender will be taking part in a charity trek along a section of the Great Wall of China. She will be walking on many different terrains for up to 8 hours a day for 7 days, raising money for dementia research. All proceeds will be donated to the Dementia Services Development Trust.



[View itinerary](#)

You can find out more and support Cherie by [visiting her fundraising page](#)

New book titles in the library

James, Ian Andrew

Understanding behaviour in dementia that challenges: a guide to assessment and treatment



Behaviours that challenge can significantly interfere with the quality of life of a person with dementia, as well as that of those who live with and care for them. This book provides theory and practical guidance on the assessment and treatment of behaviours that challenge in dementia, with a particular emphasis on non-pharmacological approaches.

Clarke, Charlotte L. [et al.]

Risk assessment and management for living well with dementia



Risk is central to professional practice, assessment and decision making in dementia care, yet theories of risk are often complex and difficult to translate into practice. This book outlines some of the key issues in risk perception, assessment and management in dementia care. The book also highlights principles of good practice for managing risk in dementia care.

Mandelstam, Michael

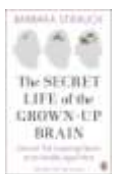
How we treat the sick: neglect and abuse in our health services.



No official statistics are kept for the number of hospital patients, in particular older people, who are subjected to neglect and abuse. That is, left malnourished and dehydrated, in pain, allowed to develop agonising and fatal pressure sores, not taken to the toilet, left to lie in their own bodily waste, cared for in a filthy environment and at risk of infection, ignored - and discharged from hospital prematurely. This book bears witness to all these practices and more.

Strauch, Barbara

The secret life of the grown-up brain: discover the surprising talents of the middle-aged mind



It used to be thought that, as our bodies aged, our minds did too. Research has revealed that between our forties and sixties our brains are actually in their peak conditions. Exploring the role of nutrition, environment and genetics, and illustrating techniques that can keep our grey matter in its prime for longer, this book points the way to a smarter, calmer and happier future.

Mental Welfare Commission for Scotland

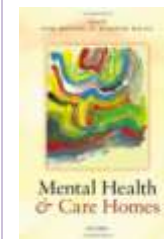
Dementia: decisions for dignity



It is estimated that people with dementia over 65 years of age are currently occupying up to 25% of hospital beds at any time. This report reflects the findings from a special programme of visits that took place across Scotland between September and December 2010 to people with dementia in acute wards in general hospitals.

Dening, Tom and Milne, Alisoun (eds.)

Mental health and care homes



The care home sector is an area of considerable economic importance. Care home residents are often very old, and many have multiple physical and mental health needs, meaning that their care poses particular challenges. They are a marginalised group, often invisible in the wider debates on quality of care including those about care homes. This book explores these issues.

Find latest research on a range of topics at the DSDC library

[Download the new list of journal articles here](#)

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